

# Buffalo Physical Fitness Standards

## 2<sup>nd</sup> grade girls:

### Event:

Push-ups	17
Shuttle-run	11.8
Curl-ups	38
Sit and Reach	33
Endurance Run	10:02

## 2<sup>nd</sup> grade boys:

### Event:

Push-ups	17
Shuttle-run	11.1
Curl-ups	40
Sit and Reach	31
Endurance Run	8:48

## 3<sup>rd</sup> grade girls

### Event:

Push-ups	18
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Shuttle-run	11.1
Curl-ups	39
Sit and Reach	33
Endurance Run	9:30

**3<sup>rd</sup> grade boys:**

**Event:**

Push-ups	18
Shuttle-run	10.9
Curl-ups	41
Sit and Reach	31
Endurance Run	8:31